



Welcome back from the Harmony Union Nutrition Services!

It's hard to believe it's that time of the year again and we're looking forward to seeing all the students. This year we'll be bringing to the table beautiful bounties from our garden and local farmers, and focusing on house made items. We do try to bring balance to our menus to reach everyone so you'll also see some traditional "kid friendly" options such as cereal, hot dogs and pizza. Salad bar and baked potato options are available daily.

We're happy to announce that school meals will again be free to all students. **Please help us keep this going by filling out the Food Services Application on the school website and in the data confirmation on Aeries when it goes live- even if you think your family doesn't qualify.** This data helps us apply for various funding opportunities for our program so we truly appreciate it!

If your child has any allergies please make sure to notify both us and their teacher. To be able to provide appropriate alternatives for them a note from a doctor will be required. Feel free to reach out and I will be happy to work with you on this.

Our August menu is now available here <https://www.myschoolmenus.com/>
This is where you will be able to find the menus throughout the course of the year.
Lunch menu for the 17th and 18th are as follows:

Thurs- Pesto Pasta, Baby Carrots, Cottage Cheese, Apples

Fri-Union Hotel Cheese Pizza, Kale Salad, Peaches

Salad Bar, Baked Potato and Milk Choice also available

If you have any questions please feel free to reach out ajacobs@harmonyusd.org or stop by the cafeteria when school begins.

Warmest regards,
Amanda Jacobs
Nutrition and Cafeteria Program

